## **NEW AT GRACE?**

SCAN THE QR CODE OR VISIT WWW.GRACEMONTROSE.ORG



# DISCUSSION QUESTIONS FOR SMALL GROUPS OR INDIVIDUAL STUDY

### Ice Breaker (if needed):

If you had a guest from out of town for a weekend, where would you take them?

- 1. Read Matthew 5:4 and Luke 6:21. Why would Jesus call those who mourn, "blessed"? What feelings do you encounter in yourself when others are grieving? When you mourned a loss, what did you notice about your interactions with others? Why do people mask grief, rather than express grief? How have you masked grief?
- 2. Why should you acknowledge things in your life are not okay after experiencing loss, regardless of magnitude? How does suppressed grief express itself? Have you allowed others to express their grief safely? Why is grief essential to the healing process? How does our culture thwart or undermine the work of grieving?
- 3. Read Ecclesiastes 3:1-8. What seasons do you find yourself in today? What do these verses say about the nature of seasons? Read verse 4. Why is acknowledgment of grief a key step toward healing? What happens when grief is locked inside? Where will it go? Who might be in the way? If applicable, share how you've borne the brunt of some one's emotionally explosive behavior that can be tracked back to loss. Read Proverbs 14:8. How can you avoid being that person to others? People often want to hurry the grief process. Why might slowing down be the better way? What does Jesus promise to those who mourn?
- 4. Read Galatians 6:2. Contrast mourning with and without others carrying that burden. What is the law of Christ and how is it fulfilled when you are present, patient, and compassionate as others mourn? What can we do better as the Body of Christ when it is a time to mourn?
- 5. How do members of the Body of Christ mourn? What does hope have to do with the way we grieve? Read Hebrews 4:16 and Romans 8:28. Why is it safe to release our grief to our Father? What does He intimately understand? What is comfort? What can comfort do? What can't it do? Read 2 Corinthians 1:3-5. What should we do with the comfort extended to us?
- 6. Ask the Holy Spirit to show you what you haven't mourned. Ask Him to help you acknowledge it, name it, share it, and remember the hope you have in our God of comfort.





**GRACE COLORADO APP**DOWNLOAD AND STAY CONNECTED



# SERMON SERIES:

## **BEATITUDES**

WEEK 5: BLESSED ARE THOSE WHO MOURN

# GRACE NEWS

#### **SMALL GROUP LAUNCH WEEKEND**

This weekend Small Groups leaders will be in the Gym after every service to meet you and answer questions about their groups! Come and find a place to connect and grow in your faith!

#### FINANCIAL PEACE UNIVERSITY

Join this nine-week class starting on Monday, September 22 at 6:30pm, and learn how to make your money work for you. \$89 registration required; partial scholarships are available. Register online.

#### **GRACE CENTER GRAND OPENING**

Join us for The Grace Center Grand Opening, Saturday September 27th from 11:00 to 2:00pm. Come get a tour of our facility and see what services we offer. We will have food, special promotions and a chance to win exciting prizes.

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We meet on the 1st and 3rd Thursday of each month at 6:00pm. Join us to encourage one another, deepen our roots in God's grace, and cultivate a spirit of gratitude in every season of motherhood.

#### FIRST THURSDAY PRAYER & WORSHIP NIGHT

Join us on Thursday, Oct. 4th at 6:30pm. Join us for a time of prayer and worship focusing on Jesus!

#### PRODUCTION DREAM TEAM

Come and join the video, slides, lights and sound team. No experience needed, just a passion. Contact Jean at jsandoval@gracemontrose.org

#### YOUTH NIGHT IS BACK!

Every Wednesday from 6:30-8:30pm. For all students in 6th–12th grade! Scan QR Code for more Youth info.



#### **GRACE KIDS SERVICE LAYOUT:**

K-5th graders in class for entire service. Middle school students go to class after worship.



## **TAKING IT DEEPER**

Spend some time in Matthew 5:1-16; Luke 6:20-26; 2 Corinthians 1:3-5; Ecclesiastes 3:1-14; 1 Thessalonians 4:13-14; Jeremiah 29:11; Isaiah 53:4-6; Romans 12:15-16; Galatians 6:2; Proverbs 14:8

FINANCIAL UPDATE

WEEKLY TITHE NEEDS: \$44,022 LAST WEEK'S TITHE ACTUAL: \$53,237 EVERY NEXT STEP IS AVAILABLE AT WWW.GRACECOLORADO.NET OR GRACECO APP